

CHILDREN & YOUNG PEOPLE'S SERVICES

LOVE
IS NOT
ABUSE



**IT'S NEVER OK
TO ABUSE YOUR PARTNER**



**24 HOUR HELPLINE
0870 2700 123**

Staffordshire Women's Aid believe that if children are empowered through accurate advice, fun and inclusion, they may be less likely to be abusive or accept abusive relationships. Within all our group and individual sessions children are encouraged to voice their opinions, be active in discussion and display an understanding of the subjects covered.

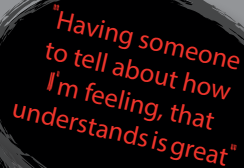
SERVICES WE OFFER

SUPPORT

Support is offered on a 1 to 1 basis for children who are experiencing problems with emotional or behavioural issues. Therapeutic sessions allow children to explore their feelings in a safe environment. We can offer this support in school or at one of our Outreach Centres.



"It has helped me so much, I feel I can achieve anything"



"Having someone to tell about how I'm feeling, that understands is great"

TEENAGE SUPPORT GROUP

The group focuses on working with small groups of teenagers (10 or less) who have experienced domestic abuse, whether it is past or present. The group tackles issues such as:

- Team Building
- Self Esteem
- Healthy Relationships
- Sexual Health
- Mental Health Awareness
- Drugs, Smoking and Alcohol Awareness
- Internet Safety

TEENAGE ASSERTIVENESS & CONFIDENCE GROUPS (TASC)

This group is for teenagers who are lacking in confidence. It is designed to raise their self esteem in a small group setting (10 or less).

TRIPS, WORKSHOPS & PARTIES

The Children and Young People's Service run various activities during school holidays including Easter egg hunts and Christmas parties. Some of the events are suitable for both mums and children.

ACTION PROJECT SCHOOLS CLUB

This is Staffordshire Women's Aid's educational project. ACTION stands for Accepting Children's Thoughts; Including Others' Needs.


ACTION has been designed to be fun, so that children taking part in the programme have a positive learning experience. The project aims to raise awareness and provoke discussion about safe, healthy relationships and is usually delivered in schools.

"Doing this means
I will be a better
person when
I am older"

(Daniel, aged 13)

"I learnt that it can
happen to anyone and you are
bound to be scared but you
need to talk and there are
things you can do and people
that can help"

(Jade, aged 12)



Staffordshire Women's Aid
provides services in:


Stafford Borough
Cannock District
&
South Staffordshire

CONTACTING US...

The Children and Young People's Service is here to help and support both you and your child. If you would like any advice or information regarding the emotional well being of your child/children, please do not hesitate to contact us.

If you are an agency and would like to make a referral, or if you feel that you would like support for your child/children, please call our helpline number on 0870 2700 123 and ask to speak to a member of the Children and Young People's Service.



 Find us on Facebook

www.staffordshirewomensaid.org
www.thehideout.org.uk

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