For some women, Valentine's is just another day.

Staffordshire Women's Aid is there to help every day of the year.





Scan in this code using a QR reader on your phone



If you need someone to talk to call Staffordshire Women's Aid on 0870 2700 123 www.cannockchasedc.gov.uk/itsneverok

Roses are red, violets are blue, if you get another valentine, I will kill you. Paul



using a QR reader on your phone







For some men, Valentine's is just another day.

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Men can suffer domestic abuse too. Men Too is there to help.



If you need someone to talk to call Men Too on 0870 2700 123 www.cannockchasedc.gov.uk/itsneverok