



The Chairman welcomed Mr. J. Bletcher, South Staffs PCT and Officers from the Health Intelligence Team, Rugeley to give a presentation to Members of the Committee.

Mr. J. Bletcher distributed a sheet highlighting how the health of people in the District compared with the rest of England. The District Health Profile was produced by the Association of Public Health Observatories and provided a snapshot of health and wellbeing. He then referred to item 21 Drug Misuse and advised Members that this indicator was of importance however certain estimates were not available in time for inclusion on the chart.

Mr. Bletcher talked to the Committee about the limitations of the health profile and synthetic estimates (binge drinking, healthy eating and obesity) which was a model based on national indicators. The use of the health profile also provided comparative data against regional and national norms.

The health profile was a range of 32 indicators which were broadly spread across five domains which included adults' health and lifestyle, disease and poor health and life expectancy and causes of death.

Mr. Bletcher then provided information on premature mortality from cardiovascular disease 2006-2008 and talked about the confidence intervals. A Member stated that the statistics were out of date and up to date figures were required. An Officer from the Health Intelligence Team advised the Committee that provisional data was available for 2009, although there was no national comparator available to compare it against.

A Member referred to the graph and asked why premature mortality from cardiovascular disease was so high in Cannock Chase and what the PCT were doing to help tackle it. Mr. Bletcher referred to the slide based on the trend in premature mortality from coronary heart disease and explained that there had been a drop from 160,000 to 90,000 between the period 1993 to 2006-08. He advised Members that a number of different services such as risk clinics and health clinics had been established.

Mr. Bletcher then referred to the trends in premature mortality from stroke graph and advised the Committee that stroke had declined between the periods 2004-2006 – 2006-2008.

Members referred to the graph for premature mortality from cancer, 2006-2008 and raised concern that cancer related illnesses had increased and asked what types of cancers were included and also why Stafford was lower. An Officer from the Health Intelligence Team advised that lung, prostate and breast cancer along with others were included in the statistics, and Mr. Bletcher advised on the statistics in relation to Stafford and stated that they were different as people had different lifestyle choices.

Mr. Bletcher then provided information on childhood obesity and explained that children in Reception at school and again at Year 6 would have their height and weight checked with the consent of a parent. In response to a question raised by a Member Mr. Bletcher stated that an adult would be checked using the BMI method where children would be checked using percentile charts. If the child was classed as being within the normal range their parent would receive no further communication, if they were outside of the range (over the 85% percentile) then communication would be sent advising of the findings.

Members then discussed a range of issues which included information regarding lifestyle advisors who focused on adult obesity and helped people lose weight. Currently they had helped approximately 2,500-2,700 through offering the service.

In response to a question Mr. Bletcher stated that the information provided could be changed to include both male/female sexes.

**12. Health and Wellbeing Priority Delivery Plan 2010/11**

Members received the Health and Wellbeing Priority Delivery Plan 2010/11 for information.

AGREED:

That the Health and Wellbeing Priority Delivery Plan 2010/11 be noted.

**13. Agenda Items for Future Meetings**

A Member stated that he had received a letter from Chase CVS regarding the need for visits to be carried out to check on older people especially during the winter months. Members raised concern and highlighted the fact that older people do not always ask for help and support when they need it

AGREED:

- (A) That the Chairman of the Health and Wellbeing Policy Development Committee writes to the Chase CVS regarding this issue.
- (B) That the Health and Wellbeing Portfolio Holder seeks clarification from the Chase CVS as to who they regard as 'champions' in respect of their recent communication sent to all Members.
- (C) That the Health and Wellbeing Portfolio Holder undertakes research to try and establish if a policy exists for identifying older people who may be at risk during the winter months.

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CHAIRMAN

The meeting closed at 5.20 p.m.