

Woodland Wonders

Activity Sheet

AUTUMN

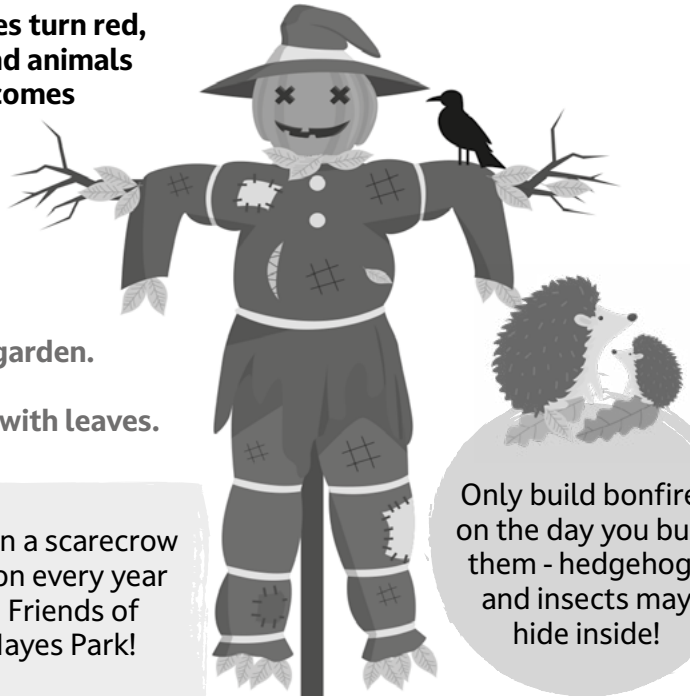
Autumn is a time of change in the woodland. Leaves turn red, orange and yellow before falling to the ground, and animals start getting ready for winter. The forest floor becomes crunchy with leaves - perfect for exploring!

Leaf Challenge

Autumn leaves make the best compost!

Collect fallen leaves to make leaf mould for your garden.

Try building a scarecrow using old clothes stuffed with leaves.



There's even a scarecrow competition every year with the Friends of Heath Hayes Park!

Only build bonfires on the day you burn them - hedgehogs and insects may hide inside!

WINTER

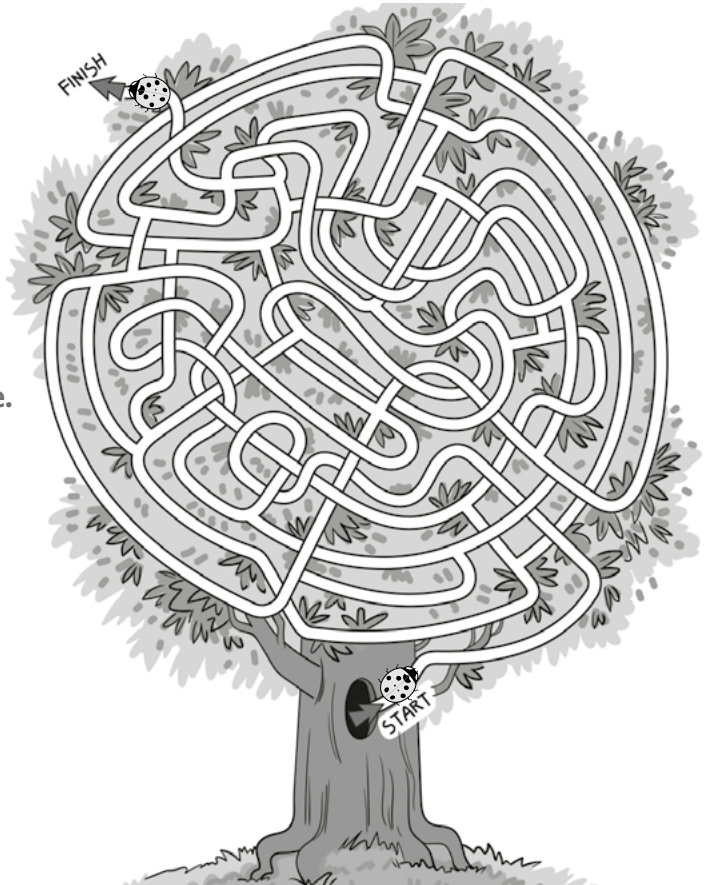
In winter the woodland becomes quiet and still. Many animals hibernate or rest, and trees lose their leaves to save energy. It's a peaceful time to explore and spot hidden signs of wildlife.

Ladybird Tree Maze

Help the ladybird find its way out of the tree maze.

Did you know?

Ladybirds hibernate in tree bark and leaf piles during winter.



SPRING

Spring is when the woodland wakes up! Trees start growing new leaves and blossoms, and insects are buzzing about collecting pollen and nectar.

Insect Explorer

Look closely at bees, butterflies and other insects visiting flowers.

Count how many you see in 5 minutes.

Build an Insect

Draw an insect and label its body parts.

Spiracles are holes down the side of an insects body that they breathe through.

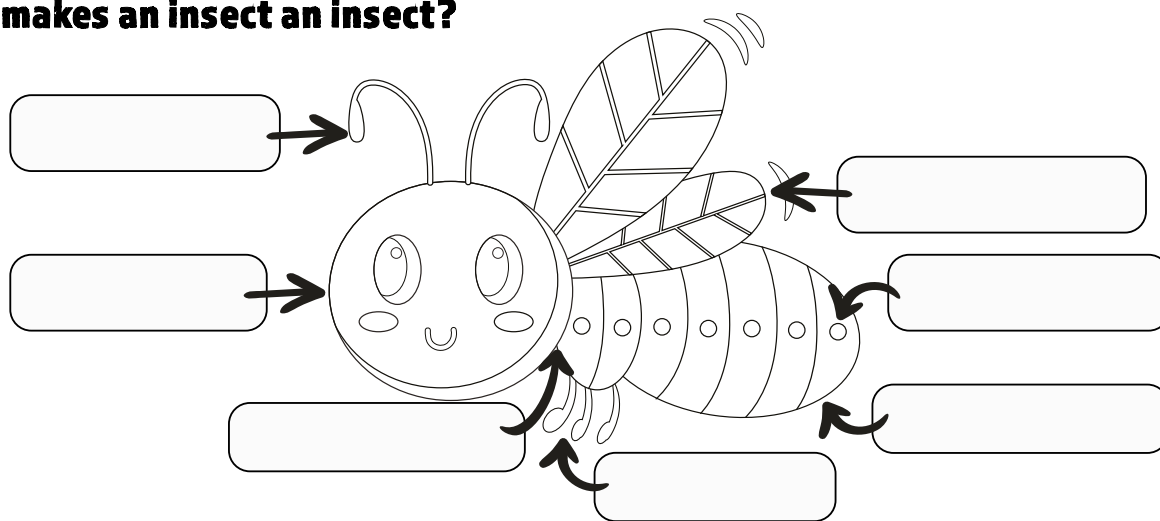


- ☐ Head
- ☐ Thorax
- ☐ Abdomen
- ☐ Six legs
- ☐ Antennae
- ☐ Wings
- ☐ Spiracles

Did you know?

Insects are super important to the food chain and help pollinate our plants.

What makes an insect an insect?



SUMMER

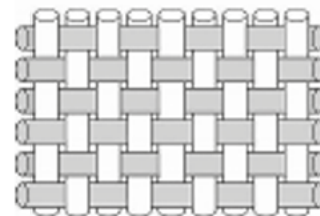
Summer is a busy time in the woods! Trees are full of green leaves, flowers turn into fruits, and new twigs and shoots are growing everywhere.

Woodland Weaving

Trees give us wood, twigs, bark and leaves - and we can use them creatively!

First try weaving strips of coloured paper

Then see if you can weave some real twigs or grasses



Keep the fun going with the Cannock Chase Can App!

- Take on more nature challenges just like these
- Explore local parks and woodlands near you
- Earn rewards while boosting your health, fitness, and wellbeing
- Join friends, family, and your community in staying active

More information visit www.cannockchasecan.co.uk



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