

**CALL ME...**

**ARE YOU A  
REAL MAN?**

**I'M A  
REAL  
MAN**



**Respect 0808 802 4040 (free phone)**

Support to help you stop being abusive  
towards your partner

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**Staffordshire Women's Aid/Men Too  
0870 270 0123**

Support for all victims of domestic abuse

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**Men's Advice Line 0808 801 0327**

Support for male victims of domestic abuse

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**Broken Rainbow 0300 999 5428**

Support for LGBT victims of domestic abuse

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**ADS (Incorporating Adsis) 01785 224771**

Support for alcohol misuse



**respect**  
Phoneline



Scan in this code using  
a QR reader on your  
phone to find out more